

Oakmont High School Health Academy Handbook



2010 – 2011

MISSION STATEMENT

In order to prepare students with the academic foundation to succeed in post-secondary education, with the knowledge and skills to succeed in the health care industry and with the personal attributes to become responsible, productive citizens in a global society, the Oakmont Health Careers Academy will provide a college-going culture in which learning experiences focus on the interconnectedness of all knowledge; the development of thinking and technical skills; and the application thereof to real life situations.



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HEALTH ACADEMY OVERVIEW

The Oakmont Health Careers Academy was started in 1995, and is a voluntary three year college preparatory program. This program is open to all students in the Roseville Joint Union High School District. The Academy provides highly rigorous and relevant curriculum that stresses real world application for students interested in medical careers. Freshman students interview for admission, commit to improving their academic standing and demonstrate strong motivation to explore a future in healthcare.

The Health Careers Academy curriculum and exposure to the medical world gives students a strong foundation for entrance to medical careers that cannot be derived from even our honors and AP classes. Academy graduates have the personal and leadership skills to be very successful in postsecondary education and in the professional world.

The Academy program includes technical courses at four levels. In these classes, students have experiences that typically do not occur until the medical school level. In two of the Medical Technology courses, students observe or participate in activities such as: monitoring Electrocardiograms (EKGs), open heart surgery, interpreting for non-English speaking patients, and administering Cardiopulmonary Resuscitation (CPR) to emergency room patients.

Health service workers have to work in close partnership with others and trust between professionals is critical. To ensure that students are prepared for the service and relationship aspects of these professions, the Academy provides opportunities to focus on teamwork and service. Students will learn to work as a group not only through class work, but by activities like preparing breakfasts for classmates, and the Academy faculty. Trust is established through activities like rock climbing at Granite Arches, and working together to certify their clinical skills.

The familial environment, supportive staff, teambuilding, and leadership opportunities the academy provides help our students succeed.

RESPONSIBILITIES AND CODE OF CONDUCT FOR ACADEMY STUDENTS

- Respect – Always show respect for yourself, your peers, academy staff, your teachers and your school. Remember that you represent the Health Academy, your school, and your community. Support each other.
- Respect people's space and property. Do not needlessly touch or move other peoples' things. Whenever something is borrowed, see to it that it is returned to the proper place and in good condition.
- Respect academy equipment and facilities at all times. The equipment used is expensive and essential in carrying out the mission of the academy.
- Be on time! It is your responsibility to be on time, every time.
- Inappropriate language is never acceptable – choose your words carefully.



HEALTH ACADEMY INFORMATION

Academic Performance:

It is expected that students within the Oakmont Health Careers Academy seek out assistance in courses in which they perceive need for help. Teachers within the Academy are available to schedule appointments. Students who receive a grade below a "C-" in any class should request tutoring from the instructor, and the instructor may assign after-school tutoring. Study hall will be offered after first quarter; however, students can request assistance at any time. Students who have more than three assignments missing in any class or who have a grade below a "C-" at any point in a class will attend mandatory study hall until work is complete and/or the grade improves.

Academic Success Rx

- Be successful in class.

From Linda O'Brien's How to Get Good Grades in College.

Application/Acceptance into the Academy:

The Oakmont Health Careers Academy is a three-year high school program for students interested in exploring educational and career opportunities in health care and related fields. All interested students in the Roseville Joint Union High School District can apply to join the academy in February or March of the freshman year. A variety of criteria are used to select a limited number of students to participate in the program. Interested parents and students should contact Wes Muller, Academies Coordinator, at 782-3781, ext. 2202.

Attendance:

Attendance at school is always imperative. In the Health Academy it is that much more important because of our commitment to the Health Care Industry and our community to educate future health care workers and professionals. This is especially true since participation in some academy events will require students to miss class time in their academy and non-academy courses. It is expected that the Academy students will have exemplary attendance and punctuality. When absent for any reason, academy students are responsible for communicating with their teachers and promptly obtaining and completing missed work. Failure to adhere to this standard will result in school and academy consequences.

College Portfolio:

Students in the Oakmont Health Careers Academy will create a portfolio with a collection of academic and extracurricular accomplishments throughout the student's recent history. Portfolios can be used for many opportunities such as job finding, interviews, etc. The development of the portfolio begins in the student's sophomore year and continues throughout the 3 years within the academy. The portfolio is also assessed for a grade in *all* academy classes so upkeep is important.



There are three sections within the portfolio that are commonly called R cubed: Rigor, Relevance, and Relationships.

Rigor: These examples will demonstrate how the student has accomplished a task that proved to be challenging or difficult.

Relevance: Examples in this section must show particular skills the student has learned that can relate to abilities needed to be successful in a lasting career.

Relationships: Students will need to show how an event or task has demonstrated a connection to another individual or group of people.

Along with these sections, the portfolio will contain an introduction to who the student is and where they are headed for the near future, a current resume, and an archives section to hold all past work inputted into the portfolio.

Community Service:

Community service is a beneficial learning opportunity for students and is looked at favorably by colleges and universities. Academy students are encouraged to perform community service for the school, community, or charitable organizations.



Exiting the Academy:

This is a voluntary program. Students may leave the academy at the end of each school year by expressing their desire to leave and reasons for leaving to the Academy Coordinator. Students who fail to meet the academic or behavioral standards of the academy will be required to attend an intervention conference. Parents/Guardians will be invited and encouraged to attend but such a conference may be held in their absence. Ultimately, if a student does not improve, they may be removed from the academy.

Immunizations/Tests:

Students in the Health Academy are required to have immunizations beyond those required for high school admission, in order to work in hospitals at the end of their sophomore year. Proof of immunization is required to be submitted to the Health Academy faculty before student's can be assigned to a hospital visit. The following tests/immunizations are required to be current:

- Hepatitis B (2 doses)
- Chicken Pox (2 doses)
- Measles, Mumps & Rubella (3 doses)
- Tuberculosis or TB (done at OHS one-time for no cost, has to be read 2 days after test)



Participation in Extracurricular Activities:



There will be activities and studying requirements that will result in the need for students to spend hours outside of school. Academy students need to be able to “Balance” these activities with the demands of the Academy coursework.



Program Participation:

The Academy will provide a variety of programs and opportunities that are not available to other students. At times these functions occur during evening and weekend hours. In order to continue to receive these opportunities, it is important that students participate in these programs, such as field trips, job shadowing, and apprenticeships, and be punctual and responsible.

Professional Behaviors and Attitudes:

Since we frequently work with the health care community, it is important that behaviors and attitudes reflect knowledge about the health care industry. Your behavior should respect the rules and regulations of the school and health care industry. You should have a professional demeanor and appearance, and an attitude of enthusiasm and dedication regarding school, health care, the academy program, and your academic and personal goals. You will address your concerns about the academy program respectfully to your teachers or the Academy Coordinator.

The Behaviors of

PROFESSIONALISM



Professionalism fosters respect and trust among students, faculty and staff, and includes willing compliance with the highest ethical standards.

Academic Support & Enrichment Center



CURRICULUM

The Academy follows a “cohort teaching model” where students take integrated college preparation academic and technical courses with the same group of students during their time in the program, with the exception of the electives. This model assists faculty in preparing an effective program of study by focusing learning throughout the courses, and provides support to the students as they create networks with their peers. Academy students will have the same teachers year after year increasing teachers knowledge of a students strengths and needs, resulting in improved learning outcomes.

As a result of the set Academy curriculum, students have limited opportunities to take Advanced Placement (AP) and/or Honors Courses. It is expected that students in the Academy enroll in required Academy courses. Any need to vary from this sequence must be discussed with, and approved by, the Academy Coordinator. If granted a variance, students will still be expected to participate in academy events and complete interdisciplinary assignments.

Students who complete all of the Academy requirements in good standing will receive a special cord to wear at graduation in recognition of their completion of coursework beyond the normal graduation requirements. The required Academy courses are as follows:

Freshmen: CP English 9, Freshmen Survey/Geography, CP Biology, and Medical Math

Sophomores: CP English 10, World Studies, Chemistry, and Introduction to Medicine

Juniors: CP English 11, U.S. History, Physiology, and Advanced Medical Sciences

Seniors: CP English 12, Government/Economics, and Medical Trends Seminar

Seniors are also required to take an Advanced Elective. The Advanced Elective can be an internship, Physics, an ROP class, a community college course, or any other course approved by the Academy Coordinator. The Advanced Elective must be completed in the senior year or during the summer after the junior year.

(The above reflects the proposal to expand the academy to include ninth grade in the 2011-12. The course sequence will be slightly different for existing students and students entering the academy as sophomores in 2011.)

ACADEMIC COURSES

Academy courses in the sciences, social sciences, and English are equivalent to College Preparatory courses offered to all Oakmont students. These courses may use slightly different supplementary materials and core readings. More importantly, they will include a focus on the importance and application of the content to other areas of study and to the healthcare industry.



Health Academy Course Descriptions

Health Courses

Medical Math (9): is a freshman level course, which focuses on developing a broad-spectrum foundation of knowledge about the the use of mathematics in science and healthcare. Students will learn to calculate drug dosages and IV drip rates, determine blood cell counts, and estimate burn areas. *Medical Math* includes health care related speakers and field trips, and is a required course upon entrance into the Oakmont Health Careers Academy. **Prerequisite:** *Must be enrolled in the Health Careers Academy Program.*

Introduction to Medicine (10): is a sophomore level course, which focuses on developing a broad-spectrum foundation of knowledge about the health care field and career options. Students examine health care systems, basic anatomy and physiology, medical terminology, human development and behavior, communications in health care, ethics, confidentiality, teamwork, and asepsis and disease control. Students are certified in cardiopulmonary resuscitation and basic first aid and learn beginning level health care skills. *Introduction to Medicine* includes health care related speakers and field trips, and is a required course upon entrance into the Oakmont Health Careers Academy. **Prerequisite:** *Must be enrolled in the Health Careers Academy Program.*

Advanced Medical Sciences (11): is a junior level course that provides an in-depth study of career options in health care. Students will learn basic anatomy and physiology, medical abbreviations, basic chemistry, and physics. Students will also research job functions, career forecasts and educational preparation required for a variety of positions. Career exploration occurs primarily through regularly scheduled visits to observe in local health care facilities. Skills training will become more focused on particular job functions. Students are certified in cardiopulmonary resuscitation and basic first aid. Upon completion of the course, certificates of competency will be awarded upon successful demonstration of mastery of target skills and information. **Prerequisite:** *Introduction to Medicine*

Medical Trends Seminar (12): is the senior level technical course of the Health Careers Academy. This class encompasses academic knowledge, health care skills, leadership skills development, and interpersonal skills development. Students will apply skills they have learned in *Introduction to Medicine and Advanced Medical Sciences*, complete college admissions materials, and prepare materials for health careers employment. Students will also research current trends in healthcare, and will identify and implement strategies to address current healthcare problems and issues. **Prerequisite:** *Advanced Medical Sciences*

Hospital Practicum (12): is an elective course for seniors in the Health Careers Academy, and is designed to provide these students with intensive technical training and experiences. Students will be assigned to one area of healthcare training. There will be a clinical supervisor from the healthcare field in each area who will take responsibility for instruction, training, application experiences, and feedback and performance evaluation. Students will be engaged in direct, on-the-job training. Hospital Practicum may be taken in the summer after the junior year or during the senior year. **Prerequisite:** *Advanced Medical Sciences*



KNOWLEDGE AND SKILLS

The Health Academy provides students with the real world opportunities and experiences that will assist them in determining whether a career in medicine is right for them. Health Academy students will learn the following:

- Clinical Skills
 - Ambulation Transfer
 - Bed Making
 - EKG
 - Hand Washing
 - Urinalysis
 - Vital Signs
- Customer Service
- Medical Abbreviations
- Medical Terminology
- Patient Satisfaction
- Professionalism



In addition, students will build a college/employment portfolio while in the academy and learn the following valuable skills:

- Completing Applications
- Interviewing
 - Peer interviews
 - Mock interviews
 - Senior exit interviews
- Networking
- Resume Writing



INDUSTRY EXPERIENCES AND PARTNERS

Our partners provide guest speakers, equipment, industry contacts, mentors, lab consumables, scholarships and technical expertise. The following Health Academy Partners are critical in the success of the academy and our students:

- Kaiser Permanente Hospital Roseville
- Mercy San Juan Medical Center
- Sutter Roseville Medical Center
- Sacramento Blood Source



Yes, you do save lives.



Student learning opportunities are enhanced through:

- Clinical Placements
- Field Trips
- Guest Speakers
- Industry Events
 - Blood Drives
 - NICU Reunions
 - Disaster Drills
 - Public Health Events
- Internships
- Job Shadowing



PROGRAM COSTS

The Health Academy provides many opportunities for students, there are costs for uniforms, workbooks and field trips. The Academy is open to all students interested and costs should not be a reason for not participating. Through partnership with Industry Partners, the Oakmont Parent's Committee (OPC) and fundraising scholarships are available to help offset Academy costs. Parents/Students should contact Mr. Muller if there are financial challenges.

The following is a summary of the Academy costs:

Sophomores

- Health Academy Polo (\$30)
- Diversified Health Occupations/Medical Terminology Book (\$60)
- CPR Class/Certification (\$30 – normally covered by Academy)



Juniors

- Hospital Job Shadowing Uniform: includes Academy polo, black shoes, and navy blue pants (costs vary)
- College Tour: \$200 for room and most meals, an additional \$100 is suggested for some meals and souvenirs
- PSAT: this is run by the school but Academy students are highly encouraged to take it (\$20)
- Immunizations and Insurance: to be able to participate in the job shadowing at the hospital the students must have specific documentation for immunization. Costs will vary based on the insurance of the individual student.



Seniors

- SAT: The cost to take the SAT will vary
- College Applications: fees will vary based on the personal interest of the student
- Additional Academy Polo (\$30) for Internship (optional)
- Scrubs (optional, depending on internship assignment)

All Classes

- HOSA: HOSA State Leadership Conference costs will vary depending on the location of the event, roughly \$300-\$500 each year of participation

FUNDRAISING

Fund raising to finance academy and HOSA activities will be on a limited basis. Types of fundraising activities the academy students may be involved in include:

- Oakmont Parent's Club "OPC" Membership Drive – provides funding that the school district does not for areas such as administration support, booster clubs, campus projects, equipment, leadership, mentoring, performing arts, scholarships, school projects, Sober Grad Night, staff appreciation, STAR testing, technology, and lots more!
 - You do NOT need to attend meetings or volunteer; and
 - Membership is only \$25 a year
- Oakmont Parent's Club "OPC" – provides funding that the school district does not for areas such as administration support, booster clubs, campus projects, equipment, leadership, mentoring, performing arts, scholarships, school projects, Sober Grad Night, staff appreciation, STAR testing, technology, and lots more; and
- Occasional sales of items (coffee, candy, cookie dough, etc.) to benefit specific academy activities like the college tour, field trips, and the annual HOSA trip.
- Fundraiser Dinner Events at local restaurants



UNIFORM / PERSONAL APPEARANCE

Health Academy students are ambassadors of Oakmont High School and the OHS Health Academy. The way that you look and the way that you act determines what people think about you, if you smile – people think that you are pleasant; if you wear wrinkled clothing people think that you do not care. How you feel about yourself on the inside should show on the outside. Some of us know this; some of us do not. If we want the outside world to respond to us in a positive way, we must look and act positively. Students are expected to follow the dress codes established below when on hospital visits, field trips, and at HOSA events.

Hospital / Field Trip Uniform:

OHS Academy Polo
Navy Slacks (Dickies / Dockers)
Black Belt
Black / Blue Socks
Black Fluid-Resistant Shoes (comfortable)

Health Occupations Students of America (HOSA) Uniform/Dress:

Girls

Navy Jacket *
White Blouse
Navy Skirt (not more than two (2) inches above knee)
Black Dress Shoes
Clean Nails - No Nail Polish

Boys

Navy Jacket *
White Blouse
Navy Slacks
Black Dress Shoes
Clean Nails – No Nail Polish

*A HOSA patch will be provided and needs to be put on the jacket.

Personal Appearance:

- Students should present a neat, professional, clean and polished appearance on field trips, during hospital visits, and college tours
- All clothing must be size appropriate e.g. no baggy or sagging
- Shirts are to be tucked in at all times
- Belts must be worn with slacks
- Boys must be clean shaven (when applicable—no facial hair)



“COLLEGE- GOING” CULTURE IN THE HEALTH CAREERS ACADEMY

The crux of our program is R³: Rigor, Relevance, Relationships. To ensure rigorous coursework and to ensure preparation for rigorous coursework and to ensure preparation for rigorous coursework later, we foster a college – going culture by threading activities and instruction (provided below) throughout the three years.



We recruit – through an interview process – freshmen with career interests in any healthcare occupation. All healthcare career paths require some post–secondary training or education. From the time we admit them as freshmen to the time we graduate them as seniors, we are tracking and scheduling their coursework, securing that they register for and complete their college entrance requirements.

The Academy staff reminds students of imminent deadlines for college entrance examinations, applications, financial aid applications, etc. The following summarizes some of the learning opportunities and college planning opportunities student will experience while in the academy:

Sophomore Year (Grade 10):

- CSU Mentor – keep students responsible for tracking their own academic performance per CSU requirements
- I-Search Paper – compare/contrast two post-secondary schools
- SAT Vocabulary – prepare for PSAT and SAT exams
- UC Davis/Sacramento State – visit two local universities

Junior Year (Grade 11):

- College Tour – visit Saint Mary’s, UC Berkley, CSU Monterey, UC Santa Cruz, University of San Francisco, Sonoma State
- Early Assessment Program – practice sample questions and sample essay prompts
- PSAT Pancake Breakfast – feed students a substantive breakfast the morning before the exam
- Rich Lehrer – speaks about imaging programs at Yuba College; introduces the notion of completing certifications rather than four-year degrees

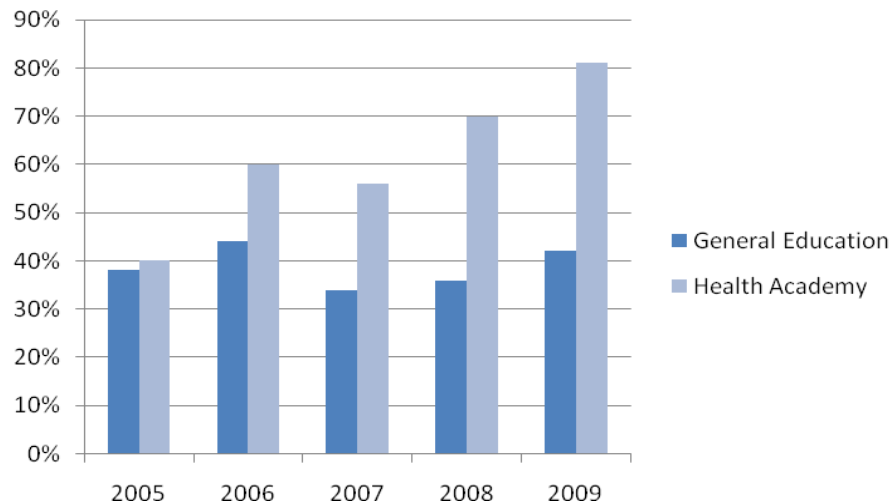
Senior Year (Grade 12):

- Acceptance List – track schools students will attend; share the quality and variety of schools to which students are accepted with parents of incoming freshmen
- Assist.org – guides students through determining equitable courses between junior colleges and universities
- College Applications – complete applications
- Course Catalogues – learn how to navigate through major and program descriptions/requirements
- Free Application for Federal Student Aid (FAFSA) – complete applications
- Mondavi Center for the Performing Arts at UC Davis – introduce students to lectures by world – renowned speakers – available when attending universities
- Personal Statement – write a college admission essay for either freshmen or transfer applicants



OAKMONT HEALTH ACADEMY GRADUATES

Oakmont Health Academy students work collaboratively in the academy; teamwork is important in healthcare. Even so, students must ultimately demonstrate their individual attainment on knowledge and skill. The academy's curriculum and supportive staff, keep students on track towards completion of the University of California and California State University "a-g" requirements as reflected below:



Health Careers Academy students are encouraged to find colleges, universities, and other opportunities that fit their unique needs and interests. Recent Health Careers Academy graduates are attending:

- Pepperdine University
- Seattle University, Washington
- Stillman College, Alabama
- Corban College, Oregon
- University of Northern Colorado
- Emery University, Georgia
- Dominican University
- University of the Pacific (UOP)
- Mount St. Mary's College
- Walla Walla University, Washington
- Many of the CSU campuses
- UC campuses including Berkeley and Los Angeles



HEALTH OCCUPATIONS STUDENTS OF AMERICA – HOSA CLUB

All academy students are members of Health Occupation Students of America. HOSA is a premier leadership and training organization for students preparing for careers in the health care profession. HOSA is endorsed by the U.S. and California Departments of Education and the Association for Career and Technical Education.



Cal-HOSA (<http://www.cal-hosa.org/>) is the exclusive organization for student leaders preparing for careers in the healthcare industry. Twenty years of professional image and attitude has earned Cal-HOSA this distinction and it is the charge of every member and advisor to continue this tradition of excellence. Students involved in HOSA have the opportunity to attend the annual Cal-HOSA State Leadership Conference held in the spring.

The Mission

Promote career opportunities in health care and enhance the delivery of compassionate, quality health care to help students meet the needs of the health care community.

The Goal

Serve as a major pipeline of talented and dedicated health care professionals in the future.

The Program

- Health Occupations Students of America (HOSA) is a national organization which supplements and compliments the health occupations education curriculum. HOSA provides students – in secondary, postsecondary and collegiate programs – with opportunities to develop personal, leadership, and careers skills needed by healthcare providers.
- HOSA currently has nearly 70,000 active members in over 2,100 chapters in 37 states plus Puerto Rico and Guam. In California, there are nearly 2,000 HOSA members in nearly 50 schools throughout the state.
- HOSA is most effective when integrated into the health occupations classroom in such a manner that it is difficult to differentiate between classroom and chapter activities. HOSA helps develop the total person, not just job-specific skills. The rapidly changing health care system needs workers who are technically skilled, people-oriented and capable of accepting leadership as a member of a team.
- HOSA provides several unique tools to develop a highly-skilled, team oriented health care professional.
- HOSA Competitive Events Program in the classroom is an exciting motivational tool to encourage students to enter and experience different aspects of the health care profession. Students appreciate the opportunities for recognition at the region, state, and national competition. Advisors use the event guidelines and rating sheets as teaching tools and as a means of inspiring and encouraging students to achieve maximum performance.
- HOSA chapter, region, state, and national leadership events add training in professionalism, management, communication, goal setting, and personal effectiveness that transform academic pursuits into a passion for life, career, and service.



HOSA



Official HOSA Uniform & Professional Dress

All members who attend state or regional conferences must wear official HOSA uniform for all general sessions, workshops, meetings, and competitive events. The official HOSA dress includes:

- Navy blue blazer with HOSA emblem patch on left breast pocket (Blazers in a few sizes may be borrowed from the HOSA Advisor.)
- White shirt/blouse (neatly pressed)
- Navy or white slacks/skirt (neatly pressed). Jeans or denim skirts are not acceptable
- Appropriate footwear is black or navy.
- Navy or maroon tie for males and an optional navy or maroon neck accent is acceptable for females



OTHER ACADEMY ACTIVITIES

HOSA (Health Occupations Students of America): is a national professional student organization for health occupations students. HOSA's mission is to promote leadership, teach professionalism, to encourage personal improvement, and improve health care.

Blood Drive: The Health Academy hosts two annual blood drives in partnership with Blood Source. The Academy students can both work at the blood drive and give blood.

Sophomore College Tour: The sophomore class visits UC Davis and Sacramento State to get the students interested in searching for colleges.

Junior College Tour: The Junior Class visits Sonoma, Monterey Bay, University of San Francisco, UC Berkeley, UC Santa Cruz, and Saint Mary's. The students take campus tours at each school to get the feeling of the environment and culture at each of these schools.

Student Leadership: This is a student leadership class where these students can help organize and plan for different academy events such as blood drives, fundraisers, etc.

Granite Arches: It is a fun team building event where students and academy teachers develop good team building skills in a safe, fun environment.

Mondovi Center: The Mondovi Center is a place the academy teachers take the students to expose them to distinguished individuals who vary in expertise from art to politics.

Disaster Drills at hospitals: The students volunteer to participate as patients for the hospitals. They will be treated as patients and run through the evacuation and safety drills.

Guest Speakers: The Academy has multiple Guest Speakers come in and talk to the students to tell them about different health care professions. Some of them are cardiologists, psychologists, nurses, and much more.

Incentive Awards: This is an award ceremony where the health academy teachers give the academy students different awards for things like GPA, attendance, and leadership.



VOLUNTEER OPPORTUNITIES

The Health Academy wishes to partner with parents in their child's education and provides many unique opportunities for parents to do so. Parents can volunteer time and talents and attend most academy events.



Opportunities

- Go on an academy field trip
- Attend the district college fair or financial aid night
- Participate in blood drives and bone marrow registration drives
- Attend Incentive Awards Ceremony
- Be a member of a Senior Exit Interview Panel
- Represent academy on school-wide committees or panels
- Serve as academy parents representative for Oakmont Parents Club
- Donate food or other items for academy events like the Incentive Awards or the PSAT Pancake Breakfast
- Attend academy parent meetings, back to school nights, and other information nights held by the academy or school
- For those in the healthcare profession, offer to speak to students about your career or serve on the OHCA Advisory Committee with other industry representatives.

Volunteer Driver Liability Insurance:

To drive for school-sponsored activities parents need to submit:

- a copy of their driver's license. If the license expires while volunteering an updated copy needs to be provided;
- an H-6 from DMV, a ten year driving history. It cannot be ordered online, you have to go to DMV. This only has to be done once, but parents will need to sign a release to allow the District to pull driver information on the DMV pull notice program; and
- a copy of automobile insurance coverage reflecting \$100,000/\$300,000 liability Insurance/bodily injury and \$50,000 property damage. The declaration page also needs the name of the person and the vehicles that are insured. Driver's need to provide updates as policies are renewed.

These documents need to be submitted to the Roseville Joint Unified School District Office, Transportation Department at 129 Berry Street, Roseville, CA 95678. If you have questions you can call the department at (916) 786-2723 x1394.



HEALTH ACADEMY STAFF

You may leave a voice or e-mail message for a teacher or staff member by using the voice mail extensions or e-mail addresses listed.

Oakmont High School

Main Phone: (916) 782-3781

Attendance Office Extension 2010

Career Center: Extension 2503

<u>Counseling Staff</u>		<u>E-mail</u>	<u>Extension</u>
Muller, Wes	Academy Coordinator	wmuller@rjuhsd.us	2202
Evans, Mona	Academy Assistant	mevans@rjuhsd.us	2200

<u>Academy Teachers</u>	<u>Subject</u>	<u>E-mail</u>	<u>Extension</u>
Bilderback, Aimee	English Introduction to Medicine (10)	abilderback@rjuhsd.us	2305
Ginn, Doug	Advanced Medical Sciences (11)	dginn@rjuhsd.us	2108
Henning, Bruce	Biology (10) Hospital Practicum (12)	bhenning@rjuhsd.us	2106
Hunter, John	Introduction to Medicine (10) Social Science	jhunter@rjuhsd.us	2731
Maas, Darby	English (10)	dmaas@rjuhsd.us	2410
Rule, Hazel	Chemistry (11) Introduction to Medicine (10) Medical Trends Seminar (12) HOSA Club	hrule@rjuhsd.us	2201

<u>Administration</u>		<u>E-mail</u>	<u>Extension</u>
Sirovy, Kathleen	Principal	ksirovy@rjuhsd.us	2002
Zimmerman, Andrea	Last Names: A - G	azimmerman@rjuhsd.us	2020
Healy, Sybil	Last Names: H - O	shealy@rjuhsd.us	2006
Werlein, Mark	Last Names: P - Z	mwerlein@rjuhsd.us	2005

HEALTH ACADEMY FORMS

The following pages contain sample Academy Forms. These forms will be updated as necessary to reflect new requirements and deadlines. Academy forms are also available on the Health Academy website at: http://ohs.rjuhsd.us/academics/health_academy.html.



Oakmont Health Careers Academy Application



Please answer each of the questions completely. Continue any answer on the back if you run out of space. Your answers will help us prepare for your interview and help us determine which students will most benefit from the academy experience. Please return your completed application to the Student Services window in the front office or to the Academy Office, room 202.

Your application is due February 12.

Name: _____

Phone: _____ E-mail: _____ (optional)

1. Why do you want to join the academy? _____

2. Are you interested in a healthcare career? Which? Why? _____



3. In what other school activities do you participate? Do you work? _____

4. Do you prefer to work alone or as part of a team? Why? _____

5. What subjects do you like most/least? Why? _____

6. When you struggle with a subject or task, what do you do? _____

7. How would you rate your academic performance at Oakmont so far? How can the academy help you to improve or continue your success? _____

8. What do you want to do after high school? If college, why and where? _____



Student Recommendation Form

Oakmont Health Careers Academy

Students: The purpose of this form is to help the Health Careers Academy determine which students can best benefit from the academy experience. Please present this form to one teacher. Detach the bottom portion and return it to the Academy Office, room 202. A few days later, you should check with the teacher to be sure they have delivered their part to Mr. Muller or Mrs. Evans. **The form is due February 12.**

Teachers: Please give this student a rating in each area. A "5" means you believe the student definitely exhibits the attribute. A "1" means you believe the student definitely does not exhibit the attribute. Your response is confidential and should not be shared with the student. Please return this form to Wes Muller or Mona Evans in room 202 by **February 12.**

Student's Name- _____

Teacher's Name- _____

Date given to teacher- _____

Teacher's Signature- _____

Attribute	Does ←————→ Doesn't				
	5				1
Respects Others	5	4	3	2	1
Communicates Well with Adults	5	4	3	2	1
Trustworthy	5	4	3	2	1
Responsible	5	4	3	2	1
Has <u>Potential</u> to do College Prep Work	5	4	3	2	1
Responds to Correction	5	4	3	2	1

Please add any comments that you believe will reflect on this student's potential to benefit from joining the Health Careers Academy.

